



**Start Presentation**

## **Romans 8:5-6**

**Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit.**

**So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.**



  
**DOOR OF LIFE**  
CHRISTIAN CHURCH  
*...where faith meets real life*

DOOR OF LIFE SUNDAY SERVICE  
FOOD FOR THOUGHT - THOUGHTS ARE FOOD



**Read The Nutrition Label**

## **2 Corinthians 10:3-5**

**For though we walk in the flesh, we do not war according to the flesh.**

**For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ**

## **Galatians 5:19-21 The Flesh Label**

**Now the works of the flesh are evident, which are:  
adultery, fornication, uncleanness, lewdness, idolatry,  
sorcery, hatred, contentions, jealousies, outbursts of wrath,  
strife, dissensions, heresies, envy, murders, drunkenness,  
revelries**

**Galatians 5:22-23, James 3:17-18** **The Spirit Label**

**But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.**

**But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy. Now the fruit of righteousness is sown in peace by those who make peace.**

## **Galatians 5:16-17**

**I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do (eat or think) the things that you wish do (eat or think).**

**NKJ + Food Translation**



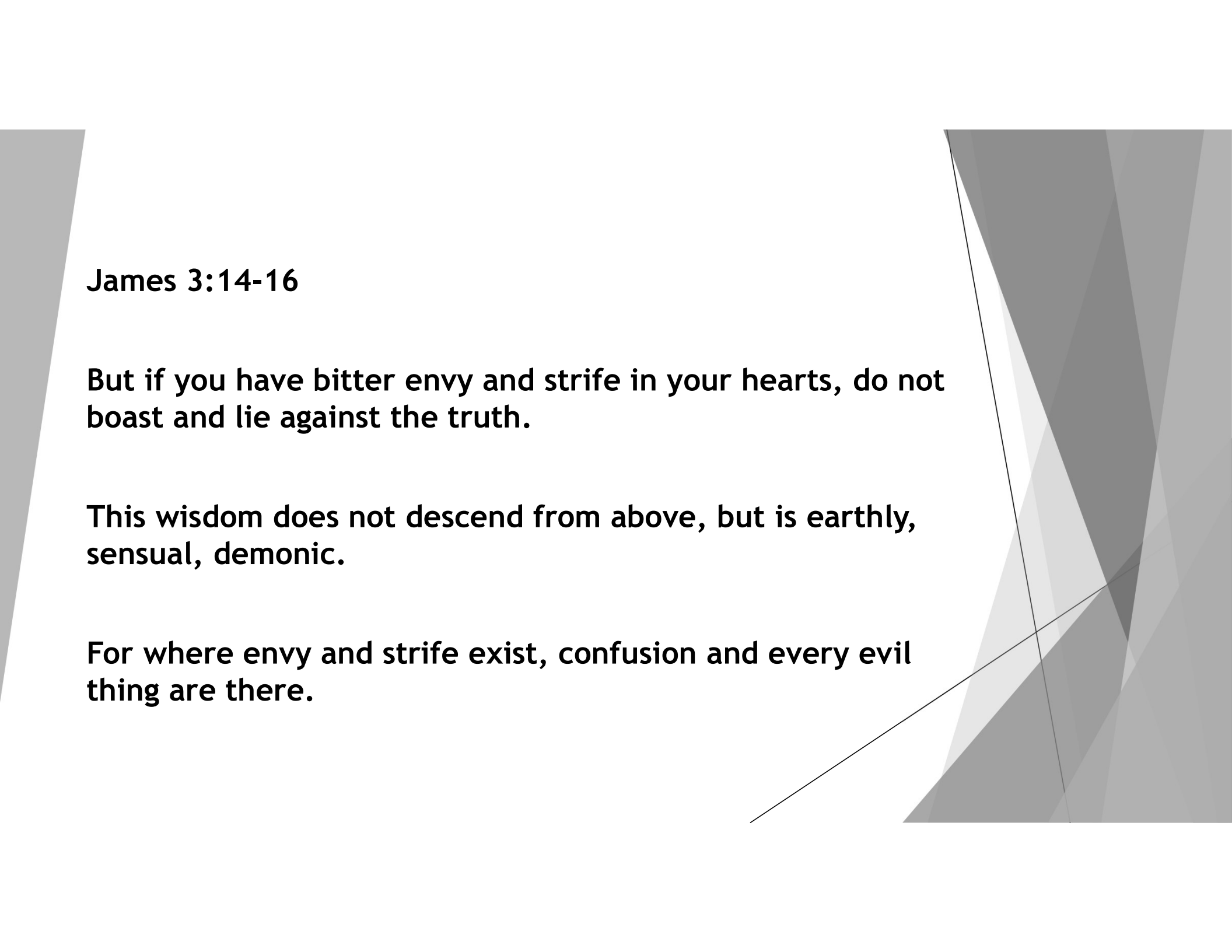


# **Understand How Foods Affect You**

## **Galatians 6:7-8**

**Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap.**

**For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life.**



**James 3:14-16**

**But if you have bitter envy and strife in your hearts, do not boast and lie against the truth.**

**This wisdom does not descend from above, but is earthly, sensual, demonic.**

**For where envy and strife exist, confusion and every evil thing are there.**

**1 Peter 2:2-3, Hebrews 5:12-14**

**Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation.**

**For though by this time you ought to be teachers, you need someone to teach you again the first principles of the oracles of God; and you have come to need milk and not solid food. For everyone who partakes only of milk is unskilled in the word of righteousness, for he is a babe.**

**But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.**

**Psalm 1:1-3, Colossians 3:16**

**Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners nor sits in the seat of the scornful;**

**But his delight is in the law of the LORD and in His law he meditates day and night. He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper.**

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**Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.**



**Fight The Good Food Fight of Faith**

**1 Timothy 6:11-12, Romans 8:12-13**

**But you, O man of God, flee these things and pursue righteousness, godliness, faith, love, patience, gentleness. Fight the good fight of faith, lay hold on eternal life**

**Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do.**

**For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live.**

**Hebrews 4:12-13, 2 Timothy 1:6-7**

**For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.**

**And there is no creature hidden from His sight, but all things are naked and open to the eyes of Him to whom we must give account.**

**Therefore I remind you to stir up the gift of God which is in you through the laying on of my hands. For God has not given us a spirit of fear, but of power and of love and of a sound mind.**



## **Colossians 3:1-3,5**

**Since you have been raised to new life with Christ, set your sights on the realities of heaven, where Christ sits in the place of honor at God's right hand.**

**Yes, feast on all the treasures of the heavenly realm and fill your thoughts with heavenly realities, and not with the distractions of the natural realm.**

**For you died to this life, and your real life is hidden with Christ in God.**

**So put to death the sinful, earthly things lurking within you.**

**Galatians 6:8-9, Romans 12:2**

**For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life.**

**And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.**

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**Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.**

# **Food For Thought Thoughts Are Food**

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- **Understand How Foods Affect You**
- **Fight The Good Food Fight of Faith**



  
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**The End**

The background features abstract geometric shapes in various shades of gray. On the left, a solid gray trapezoidal shape is partially visible. On the right, there is a complex composition of overlapping, semi-transparent gray polygons and lines, creating a layered, architectural effect.