# **Start Presentation**

#### Hebrews 2:17-18

Therefore, in all things He had to be made like His brethren, that He might be a merciful and faithful High Priest in things pertaining to God, to make propitiation for the sins of the people. For in that He Himself has suffered, being tempted, He is able to aid those who are tempted.

18 For because He Himself has suffered in being tempted, He is able to run to the cry of (assist, relieve) those who are being tempted and tested and tried [and who therefore are being exposed to suffering].

18 He suffered and endured every test and temptation, so that he can help us every time we pass through the ordeals of life.



### Where Does It Come From?

#### Romans 7:21-23 The Flesh

21-22 I find then a law, that evil is present with me, the one who wills to do good. For I delight in the law of God according to the inward man.

23 But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

23 But I discern in my bodily members [in the sensitive appetites and wills of the flesh] a different law at war against the law of my mind and making me a prisoner to the law of sin that dwells in my bodily organs [in the sensitive appetites and wills of the flesh].

Romans 12:2, 1 John 2:16 The World

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.

The love of the Father and the love of the world are incompatible. For the world offers only a craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions. These are not from the Father, but are from this world.

1 Peter 5:8, Ephesians 6:11-12 The Devil

8 Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour.

11 Put on all of God's armor so that you will be able to stand firm against all strategies of the devil.

12 For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

#### Romans 8:12 You Are Not A Debtor To Your Flesh

12 Therefore, brethren, we are debtors — not to the flesh, to live according to the flesh.

12 So then, brethren, we are debtors, but not to the flesh [we are not obligated to our carnal nature], to live a life ruled by the standards set up by the dictates of the flesh. [AMP]

12 So, dear brothers and sisters, you have no obligation whatsoever to do what your sinful nature urges you to do.

**NLT** 

## **How Does It Work?**

#### James 1:13-17 The Process

13 Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone.

14 But each one is tempted when he is drawn away by his own desires and enticed.

15 Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death.

#### Romans 13:13-14 The Choice

13 Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy.

14 But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts.

14 And don't let yourself think about ways to indulge your evil desires. [NLT]

Matthew 5:27-28 Decision To Make Provision

27 "You have heard that it was said to those of old, 'You shall not commit adultery.'

28 But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.

Galatians 5:17, Romans 7:22-24 The Conflict

17 For the desires of the flesh are opposed to the Holy Spirit, and the desires of the Spirit are opposed to the flesh; for these are antagonistic to each other, so that you are not free but are prevented from doing what you desire to do.

22-23 For I delight in the law of God according to the inward man. But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

24 O wretched man that I am! Who will deliver me from this body of death?

# How Can God Help Us?

#### Hebrews 2:17-18, Hebrews 4:15 Assistance & Relief

17 Therefore, in all things He had to be made like His brethren, that He might be a merciful and faithful High Priest in things pertaining to God, to make propitiation for the sins of the people.

18 For because He Himself has suffered in being tempted, He is able to run to the cry of (assist, relieve) those who are being tempted and tested and tried [and who therefore are being exposed to suffering].

15 For we do not have a High Priest Who is unable to understand and sympathize and have a shared feeling with our weaknesses and liability to the assaults of temptation, but One Who has been tempted in every respect as we are, yet without sinning.

1 Corinthians 10:13, 2 Peter 2:9 The Way of Escape

No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

When you are tempted, he will show you a way out so that you can endure. [NLT]

The Lord knows how to deliver the godly out of temptations

Galatians 5:16, Romans 8:2, 5b, 6b The Garden Walk

16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.

2 For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

5b For those who live according to the Spirit set their minds on the things of the Spirit.

6b For to be spiritually minded is life and peace.

#### Philippians 4:6-8 The Garden Talk

6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

8 And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

#### 2 Corinthians 10:3-5 The Garden Resistance

3-4 For although we live in the natural realm, we don't wage a military campaign employing human weapons, using manipulation to achieve our aims. Instead, our spiritual weapons are energized with divine power to effectively dismantle the defenses behind which people hide.

5 We can demolish every deceptive fantasy that opposes God and break through every arrogant attitude that is raised up in defiance of the true knowledge of God. We capture, like prisoners of war, every thought and insist that it bow in obedience to the Anointed One.

# Walking With God Through Temptation

- Where Does It Come From?
- How Does It Work?
- How Can God Help Us?



# The End

